**LOOPS**

**Review**

Great job! In this lesson, we learned how to write cleaner code with loops. You now know:

* Loops perform repetitive actions so we don’t have to code that process manually every time.
* How to write for loops with an iterator variable that increments or decrements
* How to use a for loop to iterate through an array
* A nested for loop is a loop inside another loop
* while loops allow for different types of stopping conditions
* Stopping conditions are crucial for avoiding infinite loops.
* do...while loops run code at least once— only checking the stopping condition after the first execution
* The break keyword allows programs to leave a loop during the execution of its block